

## How will personal and clinical information be looked after?

We will ensure that your personal information is only accessible to authorised people. Our staff have a legal and contractual duty to keep personal health information secure and confidential. To find out more about current data protection legislation and how we process your information, please read the Data Protection Notice at [www.nhs.uk](http://www.nhs.uk) or ask a member of staff for a copy.

Personal and clinical information about individuals and the care provided will be securely stored and held in our Health and Social Care Information Systems. It will only be viewed by staff involved in providing care. The appropriate viewing of information is routinely audited by our staff.

Information may be shared between NAHSCP staff involved in an individual's care. This will help ensure that care is better co-ordinated; information is easy to access and is focused on the best outcome for the individual.

In crisis and out of hours situations, other clinical staff from across Ayrshire Health and Social Care Partnerships can, if required, access personal and clinical information without the need for consent. The Health and Social Care Partnerships' staff will access information to help them decide how best to provide care for individuals.

## Accessibility

All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

Wszystkie nasze publikacje są dostępne w różnych językach, dużym drukiem, brajlem (tylko w wersji angielskiej), na taśmie dźwiękowej lub w innym formacie Twojego wyboru.

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كافة مطبوعاتنا متاحة بلغات مختلفة و بالأحرف الطباعية الكبيرة و بطريقة بريال الخاصة بالمكشوفين (بالغة الإنكليزية فقط) و على شريط كاسيت سمعي أو بصيغة بيديلة حسب خيارك.

Tha gach sgrìobhainn againn rim faotainn ann an diofar chànanan, clò nas motha, Braille (Beurla a-mhàin), teip claisinn no riochd eile a tha sibh airson a thaghadh.

हमारे सब प्रकाशन अनेक भाषाओं, बड़े अक्षरों की छपाई, ब्रेल (केवल अंग्रेज़ी), सुनने वाली कसेट या आपकी प्रसंयनुसार किसी अन्य फॉरमेट (आरप) में भी उपलब्ध हैं।  
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ہماری تمام مطبوعات مختلف زبانوں، بڑے حروف کی چھپائی، بریل (صرف انگریزی)، سنے والی کاسٹ یا آپ کی پسند کے مطابق کسی دیگر صورت (فارمیٹ) میں بھی دستیاب ہیں۔  
ਸਾਡੇ ਸਾਰੇ ਪਰਚੇ ਅਤੇ ਕਿਤਾਬਚੇ ਵਗੈਰਾ ਵੱਖ ਵੱਖ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਅਤੇ ਬ੍ਰੇਲ (ਸਿਰਫ਼ ਅੰਗਰੇਜ਼ੀ) ਵਿਚ, ਅੱਡੀਓ ਟੇਪ 'ਤੇ ਜਾਂ ਤੁਹਾਡੀ ਮਰਜ਼ੀ ਅਨੁਸਾਰ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ ਵੀ ਮਿਲ ਸਕਦੇ ਹਨ।

## NORTH AYRSHIRE Drug and Alcohol Recovery Service

Caley Court Resource Centre,  
Moorpark Road West,  
Stevenston, KA20 3HU

Telephone 01294 476000

NORTH AYRSHIRE  
Health and Social Care Partnership



## NORTH AYRSHIRE Drug and Alcohol Recovery Service



Recovery is happening in North Ayrshire

*Committed to the  
protection of children  
and vulnerable adults*

*Recovery that benefits  
individuals, families,  
carers and communities*



## What is NADARS?

**NADARS (North Ayrshire Drug and Alcohol Recovery Service)** is a joined-up service involving North Ayrshire Health and Social Care Partnership, NHS Ayrshire & Arran and North Ayrshire Council addiction teams. The service is aimed at individuals aged 16 years and over.

## Who can refer to NADARS?

Anyone can refer, including you. Professionals and anyone else who is asked to make a referral by someone who needs drug or alcohol support, can refer.

## Who will I see and what will happen?

You could meet a wide range of different professionals, including nurses, social workers, addiction workers, support workers, occupational therapists, consultant psychiatrists, GPs and pharmacist prescribers.

We will work with you to complete an assessment based on your strengths, goals and wishes.

You will be involved in reviewing your recovery care plan: your family will be invited to be part of this process.



## What support is available for me?



We work with you to create a recovery plan that meets your needs:

- We'll meet regularly to chat about how you are progressing
- Regular support can include home visits, clinic appointments and support to attend appointments, including face to face contact and telephone/video consultations.
- Group work programmes to help improve self-confidence and self-esteem
- Access to a range of recovery focussed lifestyle balance groups
- Support to stop taking drugs and alcohol
- Occupational therapy support
- Social work assessment and social care support
- Mental Health related support
- Physical and sexual health interventions
- Injecting equipment provision (needle exchange)
- Opiate replacement therapy medication prescribing and recovery support

## Alcohol and Drug Partnership (ADP) initiatives in North Ayrshire

Turning Point Scotland's North Ayrshire Prevention, Early Intervention And Recovery Service (P.E.A.R) aims to promote a culture of recovery across North Ayrshire.

We offer support to you to reduce or abstain from your drug or alcohol use.

We can also offer you support in your recovery following other specific interventions from NADARS to enable you to build a life free from problematic alcohol or drug use.

**Turning Point PEAR service**  
**2D Glebe Street**  
**Stevenston**  
**KA20 3EJ**

**01294 447407**

**Email:** northayrshireinfo@turningpointscotland.com

**Website:** [www.turningpointscotland.com / north-ayrshire-pear](http://www.turningpointscotland.com/north-ayrshire-pear)

## Sharing of information

There may be occasions when NADARS will need to share information with other services to protect children and vulnerable adults. We will also keep your GP updated as to your progress.